

Karakia

(when visiting a
wāhi taonga)



Marino tō

Marino tokitoki

Marino tukupu

Whakairia te tapu

kia haumarū ai

te haere, te noho

Haumi e, hui e, Tāiki e!

Karakia

(when visiting
a river / lake)



Marino tō

Marino tokitoki

Marino tukupu

kia āio piropiro

te waimāori

Haumi e, hui e, Tāiki e!

Karakia

(when visiting
a forest)



Marino tō

Marino tokitoki

Marino tukupu

Kia tau mai ko te tīare

o te ngahere

Haumi e, hui e, Tāiki e!

Karakia

(when visiting the moana)



Marino tō

Marino tokitoki

Marino tukupu

Kia āio piropiro ai

a Hinemoana

Haumi e, hui e, Tāiki e!

Karakia

(when departing from a
wāhi taonga)



Mānawatia te whenua nei

Mānawatia te wāhi nei

E ea nei te ngākau

e mauru nei te wairua

Haumi e, hui e, Tāiki e!

Karakia

(after collecting from
a river / lake / sea)



Tangaroa-whakamau-tai,

Tangaroa-ara-rau,

Tangaroa-i-te-Rupetu

te aho e kōrako nei i ngā wai tapu,

kua riro ngā taonga o tō kete

Nā te ngākau whakaiti i kohikohi,

nā te whakaaro nui i whakamahi.

Kia toitū te mauri o te moana

kia hua ai te mauri mō te ira tangata

Haumi e, hui e, Tāiki e!

Karakia

(after collecting from
a forest)



Tāne Mahuta, Tāne-nui-a-Rangi,

Tāne-te-waiora

te aho e tiaho nei i ngā wao tapu,

kua riro ngā taonga o tō kete

Nā te ngākau whakaiti i kohikohi,

Nā te whakaaro nui i whakamahi.

Kia toitū te mauri o te ngahere

kia hua ai te mauri mō te ira tangata

Haumi e, hui e, Tāiki e!

Karakia

(after collecting kaimoana)



Mānawatia a Hinemoana

Mānawatia a Hinekuku

Mānawatia a Pāuatere

Nā koutou i homai

e ngao ai ko ropi

e ora ai ko manawa

Tihei Mauriora